

| SVS Staffel I | | | | | | |
|---------------|--------------|-----------------|---------------|------------|-------------|-----------|
| Start-zeit | Start-nummer | Name | Vorname | Einzelzeit | Gesamtzeit | Bemerkung |
| 08:30 | 1 | Tesfazghi Hayal | Samsom | 02:43,29 | 00:02:43,29 | |
| 08:32 | 2 | Jaeger | Frank | 03:25,59 | 00:06:08,88 | |
| 08:36 | 3 | Schulz | Marco | 03:35,60 | 00:09:44,48 | |
| 08:39 | 4 | Dennhardt | Lukas | 03:53,50 | 00:13:37,98 | |
| 08:43 | 5 | Debertshäuser | Steffi | 03:44,59 | 00:17:22,57 | |
| 08:47 | 6 | Vanderheyden | Luise | 03:42,25 | 00:21:04,82 | |
| 08:51 | 7 | Vanderheyden | Mareike | 04:05,09 | 00:25:09,91 | |
| 08:55 | 8 | Fulsche | Andreas | 03:45,59 | 00:28:55,50 | |
| 08:58 | 9 | Rezai | Jawad | 03:31,82 | 00:32:27,32 | |
| 09:02 | 10 | Mey | Jean-Luca | 04:04,90 | 00:36:32,22 | |
| 09:06 | 11 | Georgi | Celina | 05:41,44 | 00:42:13,66 | |
| 09:12 | 12 | Schale | Marcus | 03:42,94 | 00:45:56,60 | |
| 09:15 | 13 | Mey | Seline | 04:57,91 | 00:50:54,51 | |
| 09:20 | 14 | Georgi | Celina | 05:45,59 | 00:56:40,10 | |
| 09:26 | 15 | Vanderheyden | Johanna | 04:13,06 | 01:00:53,16 | |
| 09:30 | 16 | Stichling | Paula | 03:57,50 | 01:04:50,66 | |
| 09:34 | 17 | Leupold | Paul | 04:33,93 | 01:09:24,59 | |
| 09:39 | 18 | Brüheim | Jonas | 03:55,57 | 01:13:20,16 | |
| 09:43 | 19 | Türk | Jona | 04:07,29 | 01:17:27,45 | |
| 09:47 | 20 | Schrepper | Gerlinde | 03:59,96 | 01:21:27,41 | |
| 09:51 | 21 | Martschenko | Nikita | 03:29,09 | 01:24:56,50 | |
| 09:54 | 22 | Watzek | Marthe | 04:34,38 | 01:29:30,88 | |
| 09:59 | 23 | Weise-Watzek | Martina | 04:42,65 | 01:34:13,53 | |
| 10:04 | 24 | Watzek | Heiko | 04:32,13 | 01:38:45,66 | |
| 10:08 | 25 | Macedo | Vitor | 04:06,79 | 01:42:52,45 | |
| 10:12 | 26 | Hohmann | Robert | 03:44,12 | 01:46:36,57 | |
| 10:16 | 27 | Schmidt | Talia-Annabel | 04:54,84 | 01:51:31,41 | |
| 10:21 | 28 | Döring | Ludwig | 03:32,87 | 01:55:04,28 | |
| 10:25 | 29 | Khomov | Georgy | 03:38,07 | 01:58:42,35 | |
| 10:28 | 30 | Trolli | Elisa | 03:59,87 | 02:02:42,22 | |
| 10:32 | 31 | Frey | Annabell | 05:52,00 | 02:08:34,22 | |
| 10:38 | 32 | Siegel | Celina | 05:24,23 | 02:13:58,45 | |
| 10:43 | 33 | Fräde | Andrea | 04:23,08 | 02:18:21,53 | |
| 10:48 | 34 | Lochmann | Sven | 03:46,88 | 02:22:08,41 | |

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|---------------|--------------|-----------|---------------|------------|-------------|-----------|
| Start-zeit | Start-nummer | Name | Vorname | Einzelzeit | Gesamtzeit | Bemerkung |
| 10:52 | 35 | Schröpfer | Katrin | 05:41,09 | 02:27:49,50 | |
| 10:57 | 36 | Schröpfer | Anne | 05:45,48 | 02:33:34,98 | |
| 11:03 | 37 | Schröpfer | Caroline | 04:22,59 | 02:37:57,57 | |
| 11:07 | 38 | Schreiber | Mario | 03:42,22 | 02:41:39,79 | |
| 11:11 | 39 | Zierenner | Amy | 04:39,74 | 02:46:19,53 | |
| 11:16 | 40 | Lochmann | Sven | 03:53,69 | 02:50:13,22 | |
| 11:20 | 41 | Dülge | Gideon | 03:45,16 | 02:53:58,38 | |
| 11:23 | 42 | Sachse | Juliane | 04:28,81 | 02:58:27,19 | |
| 11:28 | 43 | Sachse | Michael | 04:10,00 | 03:02:37,19 | |
| 11:32 | 44 | Sachse | Melanie | 04:43,87 | 03:07:21,06 | |
| 11:37 | 45 | Sachse | Mika | 06:20,20 | 03:13:41,26 | |
| 11:43 | 46 | Singh | Mallika | 03:15,81 | 03:16:57,07 | 600m |
| 11:46 | 47 | Schumann | Nina | | | 600m |
| 11:46 | 48 | Fehse | Johanna | | | 600m |
| 11:46 | 49 | Hesse | Robin | | | |
| 11:46 | 50 | Schwittay | Henry | 04:01,36 | 03:29:37,01 | |
| 11:50 | 51 | Müller | Tom | 04:02,12 | 03:33:39,13 | |
| 11:55 | 52 | Schönyan | Rayko | 03:10,29 | 03:36:49,42 | |
| 11:58 | 53 | Roehr | Patrizia | 03:44,94 | 03:40:34,36 | |
| 12:01 | 54 | Lein | Theresa | 04:34,27 | 03:45:08,63 | |
| 12:06 | 55 | Fischer | Julian | 02:27,08 | 03:47:35,71 | 800m |
| 12:08 | 56 | Roehr | Wolf-Dietrich | 04:03,09 | 03:51:38,80 | |